

Abstract

Title: Quality of life and satisfaction with life in sitting volleyball players

Objectives: The objective of this thesis is to determine and compare the quality of life of volleyball players in the Czech Republic. The aim is also to evaluate or compare between measurements from 2021 and 2022, sitting volleyball players with the general population and the relationship between quality of life and life satisfaction.

Methods: In this thesis, a qualitative method of analysis of the results was used. The survey included standardized questionnaires SWLS, WHOQOL-BREF, and additionally a demographic questionnaire. The participants of the research were 10 players (8 men and 2 women).

Results: The research showed that the life satisfaction of sitting volleyball players were generally satisfied with their lives for both measures. Quality of life differed between the two measurements. The area of social relationships came out best for the first measurement, followed by experiencing, environment and physical health. For the second measurement, the environment was the highest scoring area, followed by social relationships with the same results and experiencing, and last was physical health. All domains except physical health are above average compared to the general population.

Keywords: sitting voleyball, quality of life, SWLS, WHOQOL-BREF