

Abstract

This thesis explores teenage volunteering and examines the benefits of volunteering and factors affecting teenage volunteering. The thesis aims to explore the topic of formal teenage volunteering, focusing primarily on the perceived benefits of volunteering, the lived experience of volunteering and the factors that influence volunteering. The theoretical part of the thesis provides a insight into the topic of youth volunteering, discusses the specification of a teenager and a member of Generation Z, and reviews motivations the motivations for volunteering and the personal and social benefits of youth volunteering. The empirical part of the thesis consists of focus group analysis, in-depth semi-structured interviews with teenage volunteers of the Hnutí Brontosaurus and documents of the membership organisation. By exploring this phenomenon and conducting my own research, I would like to contribute to the promotion of long-term volunteering and a positive lifestyle as a teen volunteer.