

**Univerzita Karlova v Praze
1. lékařská fakulta**

**Studijní program: Specializace ve zdravotnictví
Studijní obor: Adiktologie**



Bc. Adéla Hrabovská

**Abstrakt v anglickém jazyce k diplomové práci Mapování
potřeb klientů v oblasti léčby závislosti na tabáku na Oddělení
léčby závislostí Denního psychoterapeutického sanatoria
Ondřejov: dotazníkový výzkum**

Vedoucí práce: Mgr. Adam Kulhánek, Ph.D., MBA

PRAHA
2023

ABSTRACT

INTRODUCTION - The prevalence of the use of tobacco and nicotine products is higher in the clinical population of dependence treatment services than in the general population, Interventions for tobacco and nicotine use cessation are hardly ever available for the patients.

AIM - The aim of the research is to map the needs of the clients of the Addiction Treatment Department in the Day care Psychotherapeutic Sanatorium Ondřejov (hereinafter “DPS Ondřejov”) in the area of their tobacco and nicotine use disorder and its treatment.

METHODS – This research is an evaluation study, specifically an analysis of the needs among the clients in DPS Ondřejov. It is a questionnaire survey. Data were obtained using a questionnaire consisting of a non-standardized part and the Fagerström Nicotine Dependence Test. The data were transcribed from the printed questionnaire into electronic form. The descriptive statistic method was used to evaluate the data.

SAMPLE – The sample was selected by purposive sampling. The participants were those who were currently using tobacco and nicotine products, agreed to participate in the research, and were at least 18 years old. The total group consisted of 38 respondents (n=38), men (57.9%) and women (42.1%). The average age was 40.8 years, the majority (68.4%) of the respondents had a secondary education with a high school diploma or higher, and the majority (86.8%) attend DPS Ondřejov for alcohol addiction.

RESULTS – There were 31% non-smokers, 61% smokers among the clients in DPS Ondřejov, most clients use classic lit cigarettes. Most clients (78.9%) had tobacco use disorder. 42.1% would be interested in using a tobacco and nicotine use disorder treatment program, 21.1% are not interested in using a tobacco and nicotine use disorder treatment program, and 36.8% of clients do not know if they would use such a program. According to the results of the Likert scales (range from 1 to 10), the average readiness to quit tobacco and nicotine products in the next 6 months was 4 and in the next 30 days was 2.

CONCLUSION – A profile of the average client - a user of tobacco and nicotine products of DPS Ondřejov was compiled, and two models of the tobacco and nicotine use disorder treatment were design. The models are based on diagnosis and the cycle of motivation change.

KEY WORDS

Tobacco, tobacco dependence, needs analysis, dependence treatment, tobacco cessation