

# Abstract

**Title:** Drop out in women's youth competitive basketball

**Objectives:** The main goal of this master thesis is to use electronic questioning to find out the reasons for the attrition of former female players, within the last five years, in the categories U12–U19 (the so-called age category 12–19 years) from the basketball Youth Sports Centers (SCM and SpS) that have been assigned the status of the year 2022.

**Methods:** The work used a combination of the quantitative method, in the form of an electronic questionnaire that was sent to former young female players, and the qualitative method, where in-depth interviews were conducted with four coaches and one female coach. For higher accuracy and better comparison of results, the questionnaire was constructed based on previously conducted studies on the drop out of sports activities of children and youth, specifically according to the model „*Questionnaire of reasons for attrition*“ by Gould et al. (1982).

**Results:** A total of 1945 girls dropped out from basketball centers during the period under review. 160 former players participated in the research. The main reasons the girls left were: *"I felt a lot of pressure from the coaches"*, *"I didn't like the coach"* and *"I didn't feel like an important part of the team"*. Reasons expressing a negative experience with the coach, negative team dynamics and lack of playing opportunities were highly ranked. On the contrary, reasons such as: *"I didn't have money for equipment and membership fees"*, *"We won little"* and *"I wanted to play another sport"* had a negligible influence on the decision to leave.

**Keywords:** Sport attrition, competitive sport, basketball, organized sport, early specialization, coach