

Abstract

- Author:** Bc. Michaela Šlosarová
- Title:** Prerequisites for the success of rhythmic gymnastics in the Czech Republic
- Objectives:** The aim of this thesis is to assess selected critical success factors of rhythmic gymnastics in the Czech Republic according to the SPLISS 2.0 research within the current system of operation and the development of success at international competitions in previous years.
- Methods:** For the practical part, mixed research was chosen and both qualitative and quantitative research methods were used. The qualitative research is based on semi-structured interviews with three professionals from the rhythmic gymnastics environment. These are representatives from the former presidency of the Czech Rhythmic Gymnastics Association and current coaches. Furthermore, the necessary documents were analysed. In the quantitative research, senior gymnasts were subjected to an electronic questionnaire.
- Results:** The results of this thesis have shown that rhythmic gymnastics in the Czech Republic still has the potential to become a successful sport again and our gymnasts can compete with the world's top gymnasts. Funding is undoubtedly not ideal, but more serious is the area of talent identification and the provision and development of coaches. These pillars are hardly systematic and everything happens haphazardly, as evidenced mainly by the answers of the respondents in the semi-structured interviews and the questionnaire survey.
- Conclusion:** If the individual pillars are to be supported, the system and methodology of Czech modern gymnastics must be set up. Then the individual critical areas can be addressed.

Keywords: Spliss, elite sport, funding, subsidies, talent development, providing coaches, critical factors, gymnastics clubs, performance, success.