Abstract

This thesis deals with risk factors and potential stressors regarding prison service officers with a primary focus on stress itself, factors of its origin and exact consequences of short-term and long-term stress exposure, which can lead, in extreme cases, to burnout syndrome or post-traumatic stress disorder. Using this information, the thesis identifies potential risk factors in the prison environment, including day-to-day interactions with incarcerated individuals, working hours isolation, social isolation, the problematics of humanisation of the prison environment for a long time, it can be expected that these factors have a major impact on the everyday lives of the prison service officers. Due to the fact that this subject is more or less unexplored, the suggested research included in the thesis is aimed at a deeper examination of possible related aspects of these factors as well as improving current knowledge regarding their perception by the prison service officers themselves.