

## **Abstract**

An information portal focusing on Post-Intensive Care Syndrome (PICS) is a significant topic in the field of intensive care medicine. PICS occurs in patients who have undergone treatment in the intensive care unit and can involve a range of physical, psychological and cognitive problems. The aim of the information portal is to provide comprehensive information to support awareness of this issue. The portal offers detailed information about symptoms, causes, diagnosis and treatment of PICS. Additionally, it provides practical advice for families of patients undergoing intensive care treatment on how to minimize the risk of developing PICS. The portal also provides a variety of links to additional resources such as articles, organizations dedicated to addressing PICS and other relevant websites. The information portal on Post-Intensive Care Syndrome is a comprehensive source of information available to anyone interested in this issue. Its goal is to raise awareness and help people dealing with PICS to better understand the condition and find sources of support.

**KEYWORDS:** Post-ICU syndrome, post-intensive care syndrome, PICS, quality of life, hospitalization, post-hospitalization intervention, post-traumatic stress syndrome, pain clinic, ICU, nurse