

Abstract

Title: Determination of the current state of periodic physical performance testing of members of Army of the Czech Republic through the prism of physical education personnel.

Objective: The aim of this study is to determine the current status of the annual physical training examination from the point of view of physical education staff by means of a questionnaire survey.

Methods: To obtain responses, a non-standardized questionnaire in electronic form was developed and targeted at all physical education personnel. A purposive sampling was conducted with the aim of fully encompass the general population. The questionnaire was subjected to a pilot study before launch. The questions were compiled according to areas relevant to the annual physical training examination and were discussed with experts on the subject. The areas included in the questionnaire are mainly control tests, performance standards and scoring scales, but the questionnaire also included, for example, age categories or women's issues.

Results: The result of this thesis is a systematic view of the physical education staff on the annual physical training examination. A total of 103 respondents, 53.1% of the total population, answered the questionnaire. The content of the thesis results are clear graphs that express the answers to specific questions. The results show that PE staff are not satisfied with the current situation regarding the annual physical training examination, based on the question asking whether they perceive a change in the examination as necessary, with 87.3% of respondents in favor of changes.

Keywords: questionnaire survey, physical training examination, motor skills, performance standards, Army of the Czech Republic.