

Abstract

Title: Creation of an adaptation course programme for the Medical Lyceum

Aims: The aim of our work is to prepare an adaptation course program based on the literature search of the theoretical part and practical experience of instructors according to the specifics of the class. To get feedback from students on this program and evaluate its success.

Methods: Based on the theoretical findings of the research we developed a programme of an adaptation course. The results of the course work and we evaluated the results by means of a questionnaire filled in by the students of the health lyceum (participants of the course).

Results: The result is an adaptation course program that uses the knowledge gained and programs from the instructors' practice. The work can be used as a guide on how to create an adaptation course for the adolescent age group. We received mostly positive feedback on the program from student evaluations.

Conclusions: According to the theoretical part, we prepared and subsequently implemented the adaptation course. Based on the evaluation of the sub-objectives regarding the pupils' CP on the programmes, we fulfilled them and concluded that we would modify or change two programmes of the implemented course completely.

Keywords: Dramaturgy, reflection, goals, adolescence, adaptation, classroom collective