ABSTRACT

This thesis focuses on the concepts of meditation, contemplation and spirituality in visual art. It tries to explain and describe them in the framework of artistic creation in historical and contemporary contexts, in general terms, but also in pedagogical and didactic theories and approaches. The aim of the thesis is to introduce the reader to these concepts within art, pedagogical theory and practice, and to find out how other educators work with these issues within art classes. The theoretical part describes various artistic movements, tendencies, approaches and inspirational perspectives on the themes of meditation, contemplation and spirituality through visual or performative works and artist's statements. The practical part includes the artist's approach to these themes in her own artistic elaboration of the artist's work realized outdoors. In the didactic part, specific artistic tasks and procedures are formulated, which are realized by the pupils of the Primary Art School in Štětí. The didactic work is concluded with a questionnaire survey of 23 respondents of primary and art schools. The results show how teachers work with the concepts in the school and personal level, in what ways they enrich the spiritual life of pupils in the context of teaching and where they look for suggestions, sources and inspiration. In the conclusion, the results of all parts of the work are summarised and further steps are formulated as to how the theme of meditation, contemplation and spirituality can be taken forward.