

## **ABSTRACT**

This diploma thesis focuses on Education towards health at Practical one-year school. The thesis is divided into three parts. First, the theoretical part describes didactic methods used during education, the subject of Education towards Health, intellectual disability and the way it affects pupils at school, Practical one-year school and its place in the Czech education system and lastly it presents tools that teachers use for effective teaching especially for the subject of Education towards Health and with intellectually disabled pupils. The availability of different materials for teaching this subject at Practical one-year school is presented in the second part of this work, that in the form of charts sums up the results of a questionnaire. It confirms the original assumption, that there is a lack of materials among the responders. The last part of the thesis is practical. The aim of this work was to create various tools that can be used for teaching some aspects of Education towards Health at Practical one-year school. The author created and tested 21 different tools, worksheets and games which can be used for teaching said subject to pupils with intellectual disability. Complete set of these educational materials is presented in the annexe of this work.