

# Changes in leisure activities of older school-age children and adolescents in the context of the restrictions announced by the Government of the Czech Republic during the COVID-19 pandemic

## **ABSTRACT**

The thesis focuses on the changes in the leisure time of children and adolescents due to the restriction of personal freedom of individuals related to the state of emergency declared by the government of the Czech Republic. This state of emergency was declared by the government of the Czech Republic in order to protect public health in the context of the SARS CoV-2 (COVID - 19) pandemic.

The thesis is divided into a theoretical and a research part, where the theoretical part explains the concepts related to the topic and the research part explains the interrelationships between the selected variables based on a questionnaire survey and follow-up interviews.

The research found that the impact of the SARS CoV-2 pandemic is not the only factor influencing the changes in the respondents' leisure time, especially since the period under study covers almost three years of the respondent's life, and therefore there are normal developmental changes.

## **KEYWORDS**

leisure, organised leisure, unorganised leisure, older school-age child, adolescents, emergency, leisure function, leisure activities