

ABSTRACT

This master's thesis deals with Attention Deficit Hyperactivity Disorder (ADHD) in adults, and aims to describe the specific effects of this disorder on the lives of adults from their perspective. The theoretical background explores the concepts associated with ADHD, including the development of the concept of diagnosis and related terminology. It also focuses on information about the origins, development, and epidemiology of ADHD, and presents the classification of the disorder according to current diagnostic manuals. Presents the diagnosis of ADHD in the context of adulthood, including symptomatology, comorbidities, and diagnostic and treatment options. Methods of data collection, selection of the research population and analysis of the obtained information are presented. Results show that people diagnosed with ADHD perceive the impact of attention deficit disorder in most of their daily activities. Furthermore, the primary symptoms have both positive and negative effects on all areas of life. The paper presented compensatory strategies to mitigate the negative effects of ADHD and provided insight into the impact of ADHD on the lives of adults with the disorder.

KEYWORDS

ADHD, adults, diagnosis, impact, compensatory techniques