

## **Abstract**

The diploma thesis deals with the topic of mental health and pays attention to the identification of educational opportunities in this area for teachers. The main purpose of this thesis is to analyze the educational opportunities and the offer of educational courses for teachers of the second grade of primary schools in the Czech Republic in the field of mental health. The partial goal of the work is to characterize the role of the state and other actors involved in teacher education in this area. First, basic terms, concepts and components of mental health are defined. Then, the key strategic national and transnational documents, related to the topic of health and its promotion, are presented. Next, the specifics of the teaching profession are described with an emphasis on identifying the specific characteristics of a teacher of the second grade of primary schools. Furthermore, the work describes the specific effects on the mental health of teachers of the second grade of primary schools. Subsequently, the chapters of the work are devoted to identifying the reasons or possible barriers to the participation of second-grade teachers in educational activities in the field of mental health. The diploma thesis elaborates in more detail the possibilities of further professional education of teachers in this area. The aim of the quantitative empirical investigation is to identify the reasons and barriers to the participation of secondary school teachers in Prague and the Central Bohemian Region in educational activities in the field of mental health.

**Keywords:** mental health, well-being, teacher, education of teachers, continuing education