

Abstract

This thesis deals with the issue of work stressors and burnout syndrome in psychologists working in clinical practice. The literature review section focuses on the concepts of job stress, stressors and burnout syndrome. It also focuses on the specification of the position of psychologists in clinical practice in the Czech health care system and describes current research findings related to the topic of the thesis. The empirical part presents a research project aimed at exploring work stressors and experiences with burnout syndrome among psychologists in clinical practice. A total of 10 semi-structured interviews were conducted and a categorisation of the most frequently occurring stressors in the interviews was generated based on thematic analysis. Furthermore, the research project focused on exploring experiences of burnout syndrome and linking it to specific stressors to which respondents attributed the burnout condition. The final section of the paper compared the results of the study with other international research and made recommendations for possible future research directions and applications for practice. The results of the research will contribute to a better understanding of the issue of work stressors and burnout syndrome in psychologists in clinical practice, may serve to educate current and future employees of this position or help to improve the working conditions of psychologists in the Czech health care.