

Abstract

In its theoretical part, the diploma thesis deals with the issue of teenage children who growing up in institutional care, and their readiness for an independent life. It discusses difficulties, with which a young person who grew up outside the family environment has to face. It focuses on the concept of supporting and preparing adolescents in institutional care to enter independent life. Based of theoretical and practical knowledge of the author of the work, the diploma thesis describes the development of the assistance system and of support to these young people from the nineties of the 20th century until now and suggests further direction of help system. The empirical part presents the results of the research that is carried out by the method of content analysis of professional texts related to the defined issue. The research is focused on finding out whether and in what directions the development of youth training has moved adults for independent living over the past 25 years and how the current concept of preparations helps young people to acquire the competences needed for an independent life.

Key words

halfway houses, individual plan of a young adult, competences young adults, foundation, substitute educational care, non-governmental organizations, help and support, social curator, social counseling, system of preparations, institutional care