

Abstrakt

The diploma thesis deals with the possibilities of supporting parental competences for underage mothers. It introduces the period of adolescence in girls, the issues of early pregnancy and early motherhood, and together with the practical part, it deals with the importance of parental competences and their strengthening in the context of social work. The aim of the final thesis is to describe the difficult situation of girls who became mothers at a minor age, and further to find out and describe whether, to what extent and in what way the parental competences of minor mothers were or are being supported in the home environment. To achieve the results, a qualitative research strategy was chosen using a semi-structured interview that was conducted with five minor mothers. The conducted investigation points out that the interviewed girls who decided to raise their child at home were not offered or provided any support for parental competences by experts. Due to the seriousness and complexity of the situation of early motherhood, the results of the survey should lead to some reflection on the involvement of helping professions and to further research and finding out how to make the difficult life situation easier for underage mothers.