

Abstract

This diploma thesis processes the results of qualitative research, participant observation, which I carried out during 2022 and from the beginning of 2023 from the online seminars of the Womb Blessing spirituality and the meditations associated with it. The choice of the topic was motivated by my previous interest in the phenomenon of female spirituality and forming contemporary women's spiritualities in the Czech Republic - because these are currently gaining strength, diverse manifestations. I wanted to find a form of female spirituality in which I could find a pure female core and manifestations. I chose a women's open group formed around the person of Miranda Gray and her cyclical spirituality. I wanted to discover the form of female spirituality in the Czech Republic, which could be classified under the New Age by Wouter Hanegraaff. In the first part of the work, I deal with the definition of the conceptual apparatus, in the second part I deal with the general characteristics of contemporary eclectic spirituality, generally referred to as the New Age movement. In the third part, I turn to my own qualitative research. Further, in the fourth part, I compare Gray's spirituality with the concept of the New Age according to Hanegraaff. I come to the conclusion that the worldwide blessing of the womb is a pure form of manifestations of female spirituality and its manifestations fall under the contemporary New Age as analyzed by Hanegraaf in his study of the New Age. I find that the blessing is not understood purely as a spiritual concept, but is also a medium for women to articulate their needs regarding the issues of women's cycles, helps to cope with the problems arising from womanhood, and last but not least, is a coping strategy for women. Through my study, I thus extrapolate the psychotherapeutic dimension of Gray's female spirituality and the potential of women to change the social view regarding menstruation.