Abstract

This paper focuses on the emotional aspects of personality in trans woman during gender transition and the process of treating her gender dysphoria. The aim of this thesis is to explore how a trans woman perceives the emotional aspects of her personality before and after her transition and what factors, according to her account, influence changes within the emotional aspects of her personality. Data is collected through a semi-structured interview focusing on each emotional aspect of personality and is supplemented with data obtained from emotional intelligence questionnaires completed by the respondent before and after her transition. This work captures changes in all emotional aspects of the respondent's personality and notes a complete transformation of emotional functioning in some. We observe medical and social transition, gender identity and gender roles as factors influencing changes within the emotional aspects of personality. The findings of this paper can be used in practice by professionals working with transgender people to better understand their clients or can serve as a source of inspiration for further research in the area of emotional functioning of trans people.