

Summary

The subject of this bachelor is „Burnout syndrome Health social workers” This work was created on the basis of my interest, because I am interested in burnout syndrome and in health social work, which I would like to work in after graduating from this study programme. The thesis deals with the problem of burnout syndrome between health social workers and appeals to critical information about prevention of his rise. The thesis is divided into two parts.

In the theoretical part is describes the term burnout syndrome, his symptoms, phases, diagnostics and prevention. Helper syndrome is described here too and caddish with burnout syndrome and stress. Further in this part it describes the profession of a health social worker, his education, competency, ethic, types of clients, multidisciplinarity and at least risks for beginning burnout syndrome in health social workers.

The practical part is to utilize the quantity method of research with questionnaire. Participants of this research were 123 people and dates were analyzed by standardized method MBI - Maslach Burnout Inventory.