

# 1. Abstract

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Title: Current therapeutic options for the treatment of anorexia and bulimia

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Name of University: Charles University in Prague, Faculty of Pharmacy in Hradec Králové

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The work deals with therapy of mental anorexia and bulimia and targets to collect the information about opportunities for pharmacotherapy of these diseases which can be provided as a supportive treatment together with psychotherapeutic-psychological methods. In recent years the incidence of eating disorders has rapidly increased and there are several reasons for this growth. We focus not only on the current therapeutic options for the treatment of these diseases but we also try to point out the danger which goes hand in hand with eating disorders, health complications and raising mortality of patients with the diagnosis of mental bulimia and mental anorexia.

**Key words:** mental anorexia, mental bulimia, psychotherapeutical methods, pharmacotherapy