

This rigorous thesis focuses on methods that treat obsessive-compulsive disorder (OCD) in children and adolescents. The literature review contains basic information about OCD in children and adolescents and a summary of the aspects concerning the process of treating mental disorders in this population. Following this is a summary of therapeutic methods in OCD-affected children and adolescents as found in scientific literature. Furthermore, there is a chapter describing the situation in the Czech Republic regarding care for children and adolescents with OCD in contrast to care practices available in the USA. The research consists of two parts, both qualitative in character. It aims to gain insight into psychotherapeutic and psychiatric practices in the context of treating OCD in children and adolescents using semi-structured interviews as a method of gathering data in both cases. The data acquired in the first part of the research is analyzed using thematic analysis. The data in the second part is presented casuistically and analyzed holistically. Results of the first part describe which key themes of the process of treating OCD in children and adolescents are common among pedopsychiatrists and psychologists, which therapeutic approach is regarded as best by certain experts, and what limits they perceive in the care system of OCD-affected children and adolescents in the Czech Republic. Results of the second part describe the experiences of individuals that were treated for OCD in their childhood and their parents' experience with the OCD diagnosis and the treatment process.