Abstract

Title:

Overview of personality profiles of combat sports athletes

Objectives:

The main objective of my thesis is to summarize the existing knowledge about the personality profile of combat sports athletes on the basis of literature sources and scientific studies and to systematically organize and compare the obtained knowledge.

Methods:

In this thesis, I used a collection and research of available scientific studies in electronic form to compile an overview of the personality profile of combat sports fighters.

Conclusion:

Most results from studies agree that combat sports athletes are dominant on some personality dimensions, specifically low scores on neuroticism and high scores on conscientiousness. It is important to note that the type of martial sport may influence the resulting score.

Keywords:

martial arts, personality test, individual sports, big five, neo-ffi, sport psychology, psychometrics