Abstract

This master's thesis focuses on occupational health among Czech teachers, providing a gender perspective on this topic. The aim of the thesis is to analyze central themes related to occupational health which are specific for the teaching profession as well as to identify potential role of gender in teachers' occupational health.

The theoretical part of the thesis describes key components of occupational health in relation to the teaching profession. Specifically, the attention is paid to job satisfaction and work engagement which represent positive aspects of occupational health. Next, job stress and burnout which represent negative aspects of occupational health are defined. These concepts are first discussed on a general level in the context of occupational health psychology research and then specifically in the context of the teaching profession. In the next chapter of the thesis, the concept of gender is defined, and research findings concerning gender differences and inequalities in the teaching profession and teachers' occupational health are presented.

The empirical part of the thesis used qualitative research design. The data were collected using semi-structured interviews with 14 teachers (7 women and 7 men) who were all teachers at the secondary school level. The interviews were transcribed verbatim and analyzed using thematic analysis. Six central themes defining factors impacting occupational health from the teachers' subjective perspective were identified: students' feedback, challenging time periods, social community, school leadership, biased public and media perception, and gender significance. The research findings may contribute to a better understanding of teachers' subjective perspective of their occupational health, including potential gender inequalities, as well as to designing relevant occupational health interventions.

Keywords: teaching profession; qualitative research; thematic analysis; gender; occupational health psychology