

**The Live Model-Drawing Experience and Mental Wellbeing: A Phenomenological Study**

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"The Live Model-Drawing Experience and Mental Wellbeing: A Phenomenological Study." explores the experiences of individuals attending live model drawing sessions, focusing on their perceptions and the impact of these sessions on their lives and well-being. The study combines qualitative research methods, including phenomenological interviews and thematic analysis, to investigate various aspects such as art's role in identity, the impact of community support, focus and mastery in art practice, and the specific implications of figure drawing. The thesis also reflects on the author's personal journey and insights gained through her engagement with figure drawing.

The author begins her thesis by asking what is art. However, she provides us with the definition from rather old sources, and I would like to challenge the author to answer the question: what is art today? The author uses "ancient" sources. Does this hold in modern days, or is it different? Any source to support this?

The thesis is structured methodically, beginning with a well-defined introduction that sets the context and scope of the study. The methodology section details the qualitative research approach, including phenomenological interviews, thematic analysis, and the use of an autoethnographic inquiry, providing a robust foundation for the study.

The results are presented in two main sections: narrative and thematic analysis. These sections offer rich, detailed accounts of the participants' experiences and perceptions, effectively capturing the essence of their interactions with art and its influence on their lives and well-being. The discussion section thoughtfully interprets the findings, linking them to existing literature and highlighting their theoretical and practical implications.

The thesis is well-organized and clearly written, demonstrating a deep understanding of the subject matter and qualitative research methodologies. It contributes valuable insights into art therapy and mental well-being, offering a unique perspective on the role of live model drawing in personal growth and emotional health.

Questions :

- Wouldn't less diverse participants be better to gain an in-depth understanding? Since you interviewed only three people, using the more homogenous group to gain detailed knowledge might have been better.
- Were there any unexpected themes or findings that emerged during your research?
- How might your research inform future studies or practical applications in art therapy?
- Can you elaborate on the methodological challenges you faced and how you addressed them?
- How do you see your research evolving or expanding in the future?

**Grade : 1**