

Abstract

This dissertation focuses on analysing how the European Union can ensure its energy security while reducing the influence of Russian energy. It delves into the beginnings of Europe's energy dependence on Russia and the policies adopted, seeking to explain how energy security can be guaranteed in the region. This thesis aims to contextualise the current energy crisis in the EU and underline the usefulness of the concept of energy security as an essential analytical framework. To address these issues, the research is structured around three key questions: the origin of the energy crisis in the region, the strategy followed by the European Union, and finally, whether these policies actually lead to energy security. The aim is to frame specific policies, such as the REPowerEU programme, and specific events within a broader context, such as the energy dispute between Russia and Europe. Through a comprehensive analysis, the objective is not only to understand the evolution of the energy crisis in the region but also to critically assess the policies implemented and their impact on achieving energy security.