

The topic of my thesis is the prevention of smoking in primary care. I was motivated by the fact that after graduation I want to work general practitioner for adults, where I will meet with patients -smokers. other motivation was a close friend of our family-to-heavy smoker for many years are inclined so, quit smoking, but never found enough to play. The results of my work takes inspiration as possible in order to quit smoking. Smoking is the leading preventable cause of death in the world.while the smokers slowly decreasing mortality from cancer, the overallmortality even decreases rapidly in smokers is different. Those who die from smoking middle-aged / 35 to 65 years / lose on average 20 to 25 years ofhis life. Overall, smokers lose 8 years of life expectancy, non-smoker, or 16 years in the case that half of smokers who die from smoking: 20 to 25years of loss killed for tobacco in middle age and 5 to 10 years for the loss oftobacco killed in later life. Cigarettes are the only consumer product which is used for that purpose, which has been made, ie smoking causes death. In addition, youwould like smokers stop smoking - cigarettes are the consumer goods that you havethe consumers buy against their will. The Republic is dying of diseases caused by smoking about 18 000 people per year. Every day is roughly a busload of people. Every week is like a crashed Boeing 747 full of Czechs. Alarming numbers, if they are given as follows. Quitting smoking makes sense. That's why I prepared this themeinto their work.