The final exams of Preventive Medicine in the Master General Medicine is the development and presentation of the thesis. I chose the topic of the thesis "A review of literature attempts to preventautoimmune disease "in the field of autoimmunity, which is interesting and not entirely probádaným phenomenon. In this work, I tried to focus on the interesting findings from the search the field of autoimmunity. Closer I worked rheumatoid arthritis and possible secondary preventive and therapeutic approaches for this disease, because it is the most common autoimmune diseases.