ABSTRACT

This thesis focuses on the education of seniors in modern technologies in the Luka nad Jihlavou municipality. In today's digitalized society, it is essential for the older generation to navigate modern technologies, which contributes to their better social integration and independence. A digitally literate individual knows how to use these technologies correctly and is aware of the potential risks associated with them. The goal of this work is to create an educational course for seniors that meets all the criteria for educational course creation and to verify its effectiveness through a questionnaire survey conducted before and after the course implementation. The theoretical part defines key concepts related to the issues of aging, old age, specifics of senior education, digital technology, or the creation of an educational course. The practical part builds on the theoretical foundations of the thesis and focuses on the planning, implementation, and evaluation of the educational course. It includes the methodology and analysis of feedback from participants, obtained through a questionnaire survey before and after completing the course. Applications such as QR code reader, Emergency, Mapy.cz, WhatsApp, and Translator are introduced. This is supported by the created worksheets, which serve as an important visual aid for this target group. This work also reflects on the expected benefits of digital education for improving the quality of life of seniors and emphasizes the importance of an approach that respects their specific and individual learning style and pace.

KEYWORDS

aging, old age, seniors, education, modern technologies, educational course, Luka nad Jihlavou