

## **ABSTRACT**

The thesis focuses on the occurrence of mental disorders in adolescents and the provision of support through school counseling services. This topic is current and requires extensive discussion and increased public attention due to the growing issue of mental health problems among young people. The aim of the thesis is not only to clarify but also to describe in detail the issue of mental disorders in adolescents, with a special focus on school counseling centers and their staff.

The theoretical part of the thesis presents an analysis of basic concepts related to health, adolescence, and mental disorders. It also includes a list of the most common mental disorders occurring in this age group. In addition, it provides a detailed analysis of the school counseling system, which provides a deeper insight into the structure and organization of the support provided.

The practical part of the thesis utilizes qualitative research, which includes observations of the school environment, analysis of school documents, and interviews with school counseling center staff. These methods allow for an insight into the practical aspect of providing help and support to students with mental disorders in the selected school environment. The research section focuses on a detailed analysis of the counseling services provided in the school, including the identification of the most common mental disorders among students.

In conclusion, the work of the school counseling center is analyzed and evaluated. The need to pay attention to students suffering from mental disorders is also emphasized. This necessity should be focused on improving the care of adolescents' mental health to maximize the effectiveness of the support provided. The results of this work should contribute to a better understanding of the current needs of the young generation and support overall improvement in mental health in the school environment, where mental health is crucial for the educational process and social life in general.

**KEYWORDS**

mental disorder, school, school counseling facility, support, pupils