

## Abstract

The thesis is divided into a theoretical part and a research part. In the theoretical part, I define concepts such as implementation, health, and health education. I focus on the area of Child and Its Body, which is included and specified in the Framework Educational Program for Preschool Education. Furthermore, I describe the concept of health education in preschools. I also cover the area of Human and Its World, specifically the field of Human and Its Health, which is included in the Framework Educational Program for Primary Education, at the first stage. I discuss small rural schools and finally, I write about safety in the school environment.

The second part is focused on the analysis in the field of health education, specifically – the school educational program, the school preventive program, and the annual report of Sloup v Čechách Primary and Nursery School. Based on the conducted analysis, suggestions for improvements in the researched area will be formulated.

One of the partial goals is the subjective evaluation of the feeling of safety at school, i.e., to determine whether students and staff feel safe at school and how they protect their health and safety. The partial research method will be a questionnaire survey for students (1st to 5th grade) and teachers, educational staff, and other school employees to assess their sense of safety and health protection.