

## **ABSTRACT**

This bachelor thesis is dedicated to the topic of a comprehensive examination of the relationship between economic security and the well-being of university students. The aim of the thesis is to determine how financial stability, financial literacy, and other economic factors affect psychological and physical well-being. Everything is placed in the context of the current economic and social conditions, which are constantly changing. Global and geopolitical events that have influenced the view on well-being as such in recent years and forced the population to reconsider priorities and the way of perceiving security and overall well-being are mentioned as well.

The theoretical part of the thesis addresses individual concepts and current trends in well-being, for example, the PERMA+4 model, which expands well-being to include economic security. Everything is set in the context of influencing overall well-being in connection with financial literacy and financial stability. Subsequently, the theoretical part discusses factors that affect economic security, such as proper management of financial resources, financial literacy, or investments. This section also provides an assessment of the risks and pitfalls of financial market tools and brief guides for achieving better economic security, from a general and student perspective.

In the practical part, empirical research focused on measuring economic security and its impact on the overall life satisfaction of students at the Faculty of Education, Charles University is presented (Kočí, et al, 2023). The research uses quantitative and qualitative research methods and collects data on the financial situation of students, their perception of economic stability, and its impacts on study performance. The conclusion of the practical part emphasizes the support in the field of financial literacy in society.

## **KEYWORDS**

well-being, university students, PERMA, economic security, financial literacy, finance, investments, future, risks