

ABSTRACT

This thesis focuses on the success of selected university students in relation to their overall well-being. The work has two parts. The theoretical part focuses on the basic premises related to personal well-being, the education of university students, and on one selected determinant of well-being – success. In the practical part, the objectives of the work are set, the research sample is described, as well as the survey method, and subsequently, the results of the research study are interpreted. This research was conducted at the Faculty of Education of Charles University in the form of an online questionnaire survey, which was distributed among students predominantly in their third year. The results show that respondents who rate their subjective well-being positively also rate the entire area of success positively. Along with achieving long-term goals, with appreciating the success of others, with perseverance, responsibility, and will, which are necessary for achieving success. Minor deviations among students appeared in the evaluation of partial goals. The respondents were able to access the success of others very positively and share the joy with them. However, when considering their own success, they were somewhat more critical. Furthermore, small differences appeared in the analysis of questions related to the will and responsibility of students. In the case of student responsibility, we learned that nearly 82 % of respondents answered this question positively, thus believing that they are very good in terms of responsibility. Whereas for the question that deals with the respondents' will, only 57 % of respondents answered positively. This may indicate that students are aware of their obligations and commitments and are responsible towards them, but they have difficulty with their will when adhering to a certain regimen and order.

KEYWORDS

achievement, college students, well being, health