

## **ABSTRACT**

The diploma thesis deals with the mediation of emotional literacy through work with a literary text through the eyes of pupils and teachers of the first grade of primary school. For the purpose of the work, five lessons were created based on the principle of the three-phase E-U-R learning model and focused on working with emotions, which were subsequently implemented and reflected upon. To evaluate the lessons, self-evaluation, and formative evaluation were used, which provided qualitative approaches to feedback from the visiting teacher and the students (both by interview method and content analysis of their products). These were semi-structured group interviews with pupils and individual interviews with the teacher. The lessons were implemented, reflected on, and evaluated at a primary school in the third year of 22 pupils (10 girls, 12 boys) during September/October 2023. Reading lessons oriented towards the development of emotional literacy improved the pupils' ability to express their feelings, influenced their attitudes and thinking, and fostered mutual respect for diversity. These lessons can be a source of inspiration for other educators.

## **KEYWORDS**

emotions, emotional literacy, emotional intelligence, the 1<sup>st</sup> grade of elementary school