

Abstract

The goal of the bachelor thesis is to explain the importance of voice education in adult choirs. In the introduction of the thesis, the historical developments of voice education and the physiology of the vocal tract are briefly described. Later, the issues of singing posture, breath support and warm up are examined. The terms consonant, vocal, vocal register and resonance are explained. The thesis continues with introducing breath and vocal exercises to strengthen the main vocal attributes. These exercises are suitable for all voice types. The last topic of the theoretical part is vocal hygiene. The basic preventive measures to ensure the longevity of the vocal apparatus: regeneration, nutrition, voice care prior to a performance.

The core of the thesis is the research part, which itself consists of two parts. The first one includes interviews with vocal teachers. The interviews were held in person with a list of prepared questions. The content of the interviews revolves around the issues of warm up, frequently occurring vocal problems and integration of new choir members. The second part examines voice education approaches in three chosen Czech amateur choirs. This analysis is done based on personal observations of the choirs' rehearsals.

The conclusion of all the gathered evidence is that the influence of voice education is of the utmost importance for the vocal development of choir members. The thesis can also serve as a reference material for insufficiently musically educated choirmasters and singers.

KEYWORDS

voice education, warm up, vocal hygiene, adult choirs