

ABSTRACT

This work deals with the issue of future planning in families with a child with mental disabilities. The theoretical part outlines the definition of a family, the specifics of families with a child with mental disabilities, social services for adults with mental disabilities, and the specifics of future planning for people with mental disabilities. Within the practical part of the bachelor thesis, the methodology of the chosen approach is defined, and the results of the research survey are interpreted. The aim of the work is to find out how families with a child with mental disabilities approach future planning. The chosen research method is semi-structured interviews with ten respondents. The testimonies of parents and siblings of children with mental disabilities provided insight into the approach to future planning, the difficulties associated with this topic, and the unique stories of individual families.