ABSTRACT

The bachelor thesis deals with the analysis of the preparation of the students of the Faculty of Education of Charles University for the talent exams in physical education. The aim of the thesis is to find out how the students of Pedagogical Faculty of Charles University are prepared for the talent exams in physical education, whether they are prepared at all, for how long, or under what guidance and in what sports. In the theoretical part, the thesis deals with the introduction of the Framework Educational Programmes for Physical Education in different secondary schools and a comparison of their differences. Furthermore, it focuses on the description and characteristics of the physical education talent test at universities, including the different disciplines and sports that are included in the talent test. The theoretical section also concludes with an analysis of the role of physical abilities and skills as key determinants of sport performance and their impact on success in the talent test. In the practical part, a questionnaire survey among the students of the Pedagogical Faculty of Charles University in the field of physical education and sport in the first to fifth year is used to investigate whether the students are prepared for the talent exams, in what form and which sports they focused on, if any. The results of this thesis will contribute to a better understanding of the admission process and the preparation of students for the talent exams in physical education at the faculties of education. The questionnaire was completed by 92 students of whom 67 were women and 25 were men. The average age was 22 years. The results of the study will contribute to a better understanding of the admission process and the preparation of students for the physical education talent test at the faculties of education. The results showed that 88% of the candidates were preparing for the talent test. 97% stated that they had been involved in some sport before the talent test and 50.9% for more than 7 years. Over 50% said that they had been preparing for more than 2 months. 60% said that their high school teachers helped them prepare and most often coached them or provided them with facilities to practice. Most candidates prepared for the gymnastics part of the talent test, specifically 39.2%, followed by swimming 27%, then sports games and athletics 17%. When asked about the most difficult part of the talent test, 47.6% said gymnastics, 37.8% said swimming, 12.2% said athletics, 4.9% said sports games and 9.8% said mastering all events in one day.

KEYWORD

RVP, sports discipline, movement skills, talent test