

## Abstract

This bachelor thesis deals with the impact of bleeding disorders on patients' daily activities. Bleeding disorders represent a wide spectrum of disorders, and each disorder may differ in its etiology, clinical manifestations or subsequent therapy. For this reason, this bachelor thesis focuses primarily on haemophilia. The **aim** of this thesis was to investigate in which areas and to what extent the bleeding disorder affects the daily life of patients. The thesis is divided into a theoretical and an empirical part. In the **theoretical part**, the different bleeding conditions are characterized and von Willebrand's disease and haemophilia are described in more detail. At the end of the theoretical part, the activities of daily life and the needs of the person are described. The **empirical part** contains the results of the own investigation, statistical analysis and comparison of the results of the own work with the results of previously conducted studies. **Method:** to obtain the results, a questionnaire of our own design was developed, which was subsequently distributed in the Institute of hematology and blood transfusion to a selected group of respondents attending outpatient check-ups at the Centre for thrombosis and haemostasis. **Results:** 42 respondents took part in the questionnaire survey and it was found that haemophilia affects patients most in their choice of occupation and sporting activities. **Conclusion:** the research of own work highlights the issue of bleeding disorder and its effect on patients' daily activities.

## Keywords

Blood disorders, haemophilia, activities of daily living, impact of disease