

ABSTRACT

This bachelor's thesis dealt with the issue of eating disorders (ED) in terms of the influence of parents' eating habits on the onset and development of eating disorders in children. The aim of the thesis was to determine whether this influence plays a role in the development of the disorder, how large this influence may be and which specific eating habits may be involved.

The theoretical part of the bachelor thesis focused on the description of the disease, epidemiology, diagnosis, onset, course, treatment and mortality. In addition, the different types of eating disorders were presented, including their diagnosis and consequences. The last part focused on risk factors, especially the influence of parental eating habits on the onset and development of ED.

The practical part was carried out by means of a questionnaire survey. Nineteen respondents took part in the survey. They were parents of outpatients of the psychiatric clinic of the VFN treated for ED. The results showed an association between the eating habits of parents and the development of eating disorders in their children, but were not conclusive. It is necessary to take into account the existence of a number of risk factors and the diversity of their effects on the onset and development of the disease.