

Abstract

This bachelor's thesis deals with the area of specific needs in patients with age-related macular degeneration (AMD).

Objectives: The aim of this thesis is to provide an overview of the changed needs of patients with AMD.

Methods: To achieve the aim of the thesis, a questionnaire survey was conducted. The target group of the survey were patients undergoing anti-VEGF therapy at an unnamed eye clinic. A total of 70 questionnaires were included in the survey.

Results: Based on the statistical evaluation of the data, it was found that AMD significantly affects the lives of respondents in many areas. The majority of respondents identified independence and self-sufficiency as the most affected aspect of their lives. More than half of the respondents (55.71 %) have problems with mobility and everyday activities. AMD also negatively affects the mental health of patients, 70 % of respondents are afraid of depression or anxiety. Respondents find meaning and fulfillment in life, especially in the areas of family and friends relationships, leisure activities, spiritual development, education, gratitude, and a positive attitude towards life.

Conclusion: AMD has a complex impact on the lives of patients. It is important to provide patients with AMD with high-quality and accessible care that includes not only ophthalmological treatment, but also psychosocial and ophthalmopaedic support.

Keywords

reduction of visual functions, needs in nursing, quality of life in nursing, age-related macular degeneration, AMD, degenerative retinal disease, loss of self-sufficiency due to impaired visual functions