

**Title:** Ability to Transfer Learned Skills in Activities of Daily Living to Everyday Life in Patients with Acquired Brain Injury

**Abstract:**

The thesis deals with the topic of transfer of skills mainly from the area of activities of daily living learned in therapy to everyday life in patients after stroke. It is a case study within the framework of qualitative research, the main aim of which was to describe the process of transfer of learned skills from the field of ADL to everyday life over a longer period of time. The reason for choosing this topic was that although transfer of learned skills is crucial for rehabilitation and patient return to the home environment, it is still not given enough attention.

The aim of the theoretical part was mainly to describe the elements influencing the transfer of learned skills to everyday life and the occupational therapist's possibilities to support this process in therapy and its evaluation.

The practical part was conducted with four patients for 6-8 months. For each patient, 6 therapy sessions were first conducted, followed by two visits, each 2-3 months apart, during which a semi-structured interview took place. The aim of the practical part was to test different techniques and approaches in practice as well as to evaluate the transfer afterwards. In particular, the research resulted in patient interviews, which were subsequently linked to theoretical findings, and an assessment of the achievement of transfer of learned skills for each goal using the Generalisation and Transfer Scale instrument. For example, the patient interviews revealed that all patients in the home setting used the skills learned in therapy, however their use was not automatic at first and needed to focus and increase their attention. Patients also tended to develop their own strategies and tried to gradually increase their self-sufficiency in the home environment by using these strategies and those learned in therapy.

The contribution of this thesis lies in the theoretical review of the information and in the impartation of practical recommendations on the techniques and approaches tried, as well as in the evaluation of the usefulness of the Generalisation and Transfer Scale instrument.

**Key words:** generalisation, transfer, learning, stroke, occupational therapy