

## **Abstract**

**Title:** Children's motivation in tennis in older school age

**Objectives:** The aim of my diploma thesis was to find out the motivation of tennis players in the age category 11 to 15 years in tennis club TK Písek. Using the standardized questionnaire I focused on motivation, what type of motivation dominate, why children devote to this sport, what is the aspiration of children. I focused to find out if there are any reasons for children to stop playing tennis. I also tried to compare how the level of motivation and aspiration of children has changed compared to the research that took place in 2019 among children of younger school age.

**Methods:** The research was conducted using a quantitative method using the Czech version of the international standardized questionnaire The Sport Motivation Scale „SMS-28“. The questionnaire was supplemented with 3 additional open questions.

**Results:** The research has showed that the intrinsic motivation prevails over external motivation among children of older school age in tennis club TK Písek. The research also shows that children are most motivated by intrinsic motivation to experience and intrinsic motivation to accomplish something. The higher value of amotivation among children in the age category 13-15 years requires increased attention. We found that the main reason of the career termination was another more popular sport and future education.

**Keywords:** tennis, motivation, children of older school age, burn out syndrom, parents