

ABSTRACT

Thema works: The overview of the oldest cross country runs in the Czech Republic

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Aims: The goal of my work is to find and study the available literature, and based on it create an overview of the selected oldest cross-country races organized in the Czech Republic. Another goal is to characterize cross-country running, outline the position of cross-country running within the Czech athletic federation and mention its brief history.

Methodology: The method of analysis of available literature was used in my work. And then, based on it, an overview of the oldest cross-country races in the Czech Republic was created using the literary research method with added commentary.

Results: Based on a literary search of available documents, an overview of the oldest cross-country races in the Czech Republic was created. It was found that the oldest race is Běh Štěpánkou (1924). Velká Kunratická, Lesní běh Pintovkou, Běh kolem Doubravky, Mikulášský běh na Bradech, Běh 17. listopadu, Posvícenský koláč and Přespolní běh Popelka took place without interruption. Of the entire overview, seven races were founded before World War II, three during and the remaining ten races after World War II.

Key words: athletics; cross country run; competitions; history; Czech athletic federation