

Abstract

This bachelor thesis deals with adolescent self-harm in relation to its perception by older generations. It aims to provide an introduction to the issue of self-harm in young people and to explore the reasons why older generations may have difficulty understanding this phenomenon. The practical part of the bachelor thesis provides answers to, among other things, why self-harm is currently widespread among adolescents, what it brings to them or what are the common reactions of parents to their child hurting themselves. For greater authenticity and credibility, the topic is approached through interviews with a psychiatrist, a clinical psychologist, and those who have experienced self-harm themselves. Together with the other interviewees, the author's announcements and the musical background, the individual parts form a forty-minute podcast that bears witness to the fact that the older generations in the Czech Republic in many cases distance themselves from the topic of adolescent self-harm and accept it rather negatively. According to the psychologist, this is mainly due to their lack of experience with this topic. The theoretical part of the thesis defines basic concepts such as self-harm or self-injurious adolescents. Furthermore, it discusses the conclusions of professional studies on how society, caregivers and family perceive this issue. Most often, it appears that adolescents who self-harm for attention are often seen as not posing a real risk, which can lead to a worsening of their situation. Finally, the theoretical part of the thesis characterises the podcast, interview and montage as key radio genres of the final product and describes the process of creating a radio podcast.