

## Abstract

The diploma thesis deals with the topic of adaptation of seniors to residential social services and, as part of a research investigation, examining the influence of activation activities on this process from the point of view of facility staff. Using the active method of the semi-structured process of successful care, the author concludes that active activities largely belong to the client's adaptation to the new institutional environment. The output of the work is then a methodological list designed for the needs of facility workers who implement adaptation groups.