

## **Abstract**

The bachelor thesis focuses on women's awareness of current trends in hormonal contraception. The aim of the thesis was to find out how well are women informed about the risks and benefits of hormonal contraception, what methods are most commonly used and whether the awareness of hormonal contraception is sufficient in primary/secondary school education. The thesis is divided into two parts – a theoretical part and a practical part.

The theoretical part deals with the endocrinology of the female reproductive system, and with the menstrual and ovarian cycle, which is directly related to hormonal contraception. The next chapter is devoted to hormonal contraception, its history, information about the principles of hormonal contraception and its risks and benefits. Several methods of hormonal contraception are described. The last chapter deals with reproductive health education in schools.

The practical part contains the results of an anonymous questionnaire survey of own design, which was distributed to the general public on social media. The questionnaire was aimed at women of all ages with or without experience of hormonal contraception.