

Abstract:

The bachelor's thesis titled "Public point of view at sexual education in the Czech Republic" focuses on assessing the implementation of sexual education in the Czech Republic. The thesis is divided into theoretical and practical parts. In the theoretical part, I first provide an overview of specialized terminology and then focus on sexual education itself. I discuss the historical development of sexual education and its individual components. I then shift my focus to the current situation of sexual education in the Czech Republic, including the recommendations for education according to the World Health Organization (WHO) and the Czech Ministry of Education, Youth, and Sports (MŠMT). My thesis addresses not only sexual education in schools but also within families and through external organizations.

The research part analyses an anonymous non-standardized questionnaire, which received responses from 510 respondents in total. I set five specific research goals: to determine whether sexual education is considered important from the public's perspective, to find out the public's experience with sexual education in elementary schools, whether it was implemented, and whether it was sufficient. Additionally, my aim was to find out who should primarily conduct sexual education and how it should be carried out, according to the public's opinion. I also wanted to discover where the public typically learns about sexual life for the first time. Finally, the last goal was to find out what information/topics about sex/sexuality should be part of sexual education according to the respondents.

The questionnaire consists of several parts: sociodemographic questions, questions about the respondents' experience with sexual education, and questions about their views on the ideal implementation of sexual education.

The results of my bachelor's thesis show that over 97% of respondents consider sexual education an important and useful part of education. However, more than 77% of respondents find sexual education insufficient. The results also reveal that an overwhelming majority of respondents perceive sexual topics as still being considered taboo in society.

Key words:

sexual education, sexual behaviour, sexuality, sexual health, child rearing, Czech Republic