

Abstract

Title:

The use of games in tennis training of children

Objectives:

The aim of this thesis is to categorize and analyze different types of tennis games depending on how these games are aimed at developing specific skills and abilities or other criteria, based on the introduction of games used in tennis preparation of younger school-age children. The work is intended to serve as a practical resource for current and future tennis coaches of young children.

Methods:

The thesis uses primarily theoretical approaches based on a critical study of literature sources in the fields of sport training, developmental psychology and issues of play in children. From these findings I selected appropriate games for my work.

Results:

As a result of this work, a stack of tennis games has been created, which are systematically categorized and recommended for further use, with an emphasis on fun and the right form of motivation for children.

Keywords:

tennis training, children, games, sports training, motor development