

Abstract

Title: Selected Factors Affecting Libero Passing in Volleyball

Objectives: The aims of my bachelor's thesis are to identify and analyze the key factors affecting libero passing in the Czech men's volleyball extraliga and to analyze the use of selected skills employed in passing within the context of training.

Methods: As the research method in our work, we used an anonymous questionnaire, with liberos from teams in the "ČEZ Men's Extraliga" participating as respondents. A total of ten respondents participated in this questionnaire. For questions where respondents rated their answers on a scale, we used the calculation of arithmetic mean. We then compared and evaluated the data.

Results: We found out which anticipatory sources are most and least used by players when receiving a serve. Specifically, the most commonly used sources include the toss by the serving player, their laterality, the run-up location, or the opponent's strategy and tactics. Conversely, the least used sources include the surface of the hall or the team's position in the standings. Other results of our research include the distances at which receiving players position themselves for receiving jump float and floater serves. In the questions regarding the training of anticipation, reaction and split step, we found that some Czech clubs have areas for improvement and that these playing skills could be given more priority within passing training.

Keywords: volleyball, libero, reception, anticipation, reaction