

Abstract

Title: Tracking the possibilities of tactical preparation for a match in the highest men's volleyball league in the Czech Republic

Objectives: The aim of my bachelor's thesis was to investigate how tactical preparation for matches is conducted in the highest men's volleyball league in the Czech Republic

Methods: To obtain the necessary information, I used a questionnaire survey from 13 head coaches who work in the highest men's volleyball league in the Czech Republic

Results: The findings will be a significant inspiration for other coaches on how to improve their work in tactical preparation for matches, as well as a certain confrontation and comparison of the methods in tactical preparation of individual coaches among themselves

Keywords: volleyball, match, tactics, extraleague of men, tactical preparation